

Preoperative Instructions for Anorectal Surgery

What instructions do I need to follow prior to my surgery?

No eating or drinking or smoking after midnight or at least 8 hours prior to your surgery. Your surgery will be cancelled if any food or liquid are consumed.

- You will need to purchase (2) regular Fleet enemas (**green box**) before your surgery. Give yourself the 2 Fleet enemas one hour before you need to report to the facility.
- Two hours before you need to report to the facility, give yourself plain water enemas until returns are clear
- Take following medications with a small sip of water: _____

Please note: If you must cancel or reschedule your procedure, a 72-hour notice is required. All procedures cancelled without a 72-hour notice will incur a \$75.00 fee (\$25.00 physician fee and \$50.00 facility fee)

Day of procedure _____

Report to outpatient registration at (time): _____.

- Location: Surgery Center Plus Community Hospital North Community Hospital East
7430 N. Shadeland 7150 Clearvista Parkway 1500 N Ritter Ave
Suite # 100 317-621-5004 355-5487
317-841-8005

Bring a responsible adult driver to accompany you, to remain there during the procedure and drive you home. A cab driver alone is not acceptable. Arrange for someone to stay with you for the first 24 hours.

Should I take my medication prior to my surgery?

Stop taking aspirin (except baby aspirin), anti-arthritis, or blood thinning drugs at least 7 days prior to your surgery and 2 weeks after surgery. Consult your doctor before stopping any medication. If you are taking

Coumadin, Plavix or Aspirin notify your physician by calling 317-841-8090 extension 229.

Do not take insulin medication on the morning of your surgery.

What other concerns should be addressed prior to my surgery?

Notify the doctor/nurse if you have **heart valve problems, a pacemaker, arterial grafts or previous endocarditis.** You may need pre-op antibiotics.

If you are pregnant or suspect you may be pregnant notify the doctor/nurse. If you have a fever or congestion notify the doctor or nurse.

Wear comfortable clothes and leave your valuables at home.